



**May 19, 2018**  
**Wicomico Youth and Civic Center**

9:00 AM: Registration and Vendor Time

9:30 AM: Break Outs

- 9:30 AM – 10:00 AM:
  - Peninsula Alternative Health: Medical Marijuana
  - Peninsula Imaging, Dr. Hogan: Preventative Health
- 10:00 AM – 10:15 AM: Break
- 10:15 AM – 10:45 AM:
  - Tourism – Making the Most of Your County
  - Psychologist, Dr. Zweig: Guided Imagery and Relaxation

11:00 AM: Vendor Time

12:00 PM: Lunch

12:30 PM: Guest Speaker, Darryle Pollack: “I Never Signed Up for This”

1:30 PM: Break Outs

- 1:30 PM – 2:00 PM:
  - The Serenity Shoppe, Diane Armstrong – What is Reiki?
  - Darryle Pollack: Book Signing
  - Women Supporting Women Mentor Coordinator, Kathy Pisani RN, HN-BC, Hwnc-BC: Living a Holistic Lifestyle
- 2:00 PM – 2:15 PM: Break
- 2:15 PM – 2:45 PM:
  - Katie Pink Tolley: Nutrition is Wellness
  - Darryle Pollack: Book Signing
  - Myriad: Genetics and Hereditary Cancers

3:00 PM – 4:00 PM: Myriad Genetic Testing (fees may apply)

4:00 PM – Conference Ends

Conference funded  
by a grant from:

